

- Professionals provide short-term, intensive home-based guidance with early interventions
- Special focus is given to each individual’ s current abilities and potential, and to providing the most appropriate care techniques and training advice
- Training is integrated into each individual’ s daily life to steadily improve their functional abilities
- Government subsidies are available to help lower out-of-pocket expenses

Learn more about reablement care, eating and swallowing care, nutrition care, and distressing behavioral care!

長期照顧
LONG TERM CARE SERVICES

Advertisement

1966

Long - Term Care Hotline

Call our service hotline for all your long-term care needs.

Service hours | **Monday – Friday** | 08:30-12:00 13:30-17:30

SERVICE

PROFESSIONAL SERVICES

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長期照顧
LONG TERM CARE SERVICES

REABLEMENT TRAINING

Regain your abilities with confidence!

Want to Improve Your Daily Living Abilities? Our Professional Services Are Here to Help!

1 What are Long-Term Care Professional Services?

Based on the concept of reablement, professionals provide short-term, home-based guidance and training to help individuals regain the ability to perform daily activities independently while also teaching caregivers correct care techniques.





Apply through your long-term care management center today!

2 Service Model

Professionals provide practical training techniques for individuals and their caregivers to practice and incorporate into their daily lives.



3 Service Frequency



In principle, service for each service target is provided at a frequency of one session per week, with the service to be completed within six months or a maximum of 12 sessions. If a new service target is established under the same service package, a 90-day interval is required to allow the individual sufficient time to incorporate reablement techniques into their daily life.

Valuing Every Ability Older Adults Still Have

Providing family-centered professional advice
Every small task in daily life is a big step towards reablement

"My mother's daily functioning has improved so much, and she's in such a better mood, too!"



Call the 1966 Long-Term Care Hotline

Service hours

Monday-Friday
08:30-12:00
13:30-17:30

CA07

Reablement Care for Instrumental Activities of Daily Living Reablement Care for Activities of Daily Living

Helps individuals improve their abilities to perform activities of daily living independently (e.g., eating, bathing, walking, getting dressed, and going to the bathroom) as well as instrumental activities of daily living (e.g., meal preparation, housekeeping, and taking medication). Enhances functional performance, increases participation in daily activities, and diminishes the burden on their caregivers.

Example Individual with long-term care service level 5, general household

Home-based guidance

Occupational Therapist, Physical Therapist, Physician, etc.;
1 service package (3 sessions)

Government subsidy **Copayment**

NT$ 3,780 + NT$ 720 = (per package) NT$ 4,500

"Grandma's getting older. She moves slower than before, her eyesight's going bad, and she can't get around without a walker anymore. Ever since she was hospitalized because of a fall, she's barely been able to walk and can't do much on her own. She said she feels embarrassed about having to rely on others, which really worries us."



CC01

Home Safety Assessments and Accessible Environment Planning

Assesses each individual's needs and provides recommendations for home layout and circulation, as well as appropriate assistive devices necessary to support daily living activities.

Example Individual with long-term care service level 5, general household

Home-based guidance

Physical Therapist, Occupational Therapist, Registered Nurse, etc.;
1 service package (2 sessions)

Government subsidy **Copayment**

NT$ 1,680 + NT$ 320 = (per package) NT$ 2,000



Through reablement services, individuals can gradually regain the abilities needed to care for themselves. Creating accessible living environments and providing appropriate living support also helps lower the caregiving burden on family members.



"I can do the things I enjoy again!"

CA08

Development and Implementation of Individualized Service Plans

Develops individualized service plans for individuals with a disability certification who have been diagnosed with chronic mental illnesses, autism spectrum disorder, an intellectual disability, or dementia, and, based on their individual needs and goals, fosters their ability to live independently within the community.

Example Individual with intellectual disability, Long-term care service level 2, general household

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Home-based guidance

Psychologist, Occupational Therapist, Speech Therapist, etc.;
1 service package (4 sessions)

Government subsidy **Copayment**

NT$ 5,040 + NT$ 960 = (per package) NT$ 6,000

"My family member has an intellectual disability and can't live independently. I don't even know how to communicate with her. I feel so helpless."



"We'll develop a plan based on her individual needs to help improve her learning and participation. We'll also teach your family how to support her and create a home environment that best suits her needs."

CB03

Distressing Behavioral Care

Reduces inappropriate verbal, behavioral, and emotional responses, strengthens caregivers' abilities to prevent and manage distressing behaviors, safeguards the well-being of individuals and their families, and promotes psychological adjustments.

Example Individual with long-term care service level 3, general household

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Home-based guidance

Occupational Therapist, Psychologist, Social Worker, etc.;
1 service package (3 sessions)

Government subsidy **Copayment**

NT$ 3,780 + NT$ 720 = (per package) NT$ 4,500



"Grandma often gets anxious and emotionally unstable, and sometimes even gets physical. Caring for her has been tough on the family."



"Spend more time with your grandma doing things she enjoys, like picking out vegetables, watering plants, and taking walks outdoors. These activities can help relieve her anxiety and stabilize her mood."

CB01a

Nutrition Care

Evaluates each individual's nutritional needs and teaches caregivers how to prepare meals with appropriate food texture and nutritional content.

Example Individual with long-term care service level 4, general household

Home-based guidance

Dietitian, Registered Nurse, Pharmacist, etc.;
1 service package (3 sessions)

Government subsidy + **Copayment** = (per package)

NT$ 3,780 + NT$ 720 = NT$ 4,500

"Grandpa's 85 years old. He doesn't eat much and has been losing weight. He frequently chokes when eating or drinking, so he's even less willing to eat, now."



CB02

Eating and Swallowing Care

Provides guidance to individuals and their caregivers on safe and efficient eating techniques to reduce choking, coughing, and swallowing-related discomfort.

Example Individual with long-term care service level 4, general household

Home-based guidance

Speech Therapist, Dietitian, Dentist, etc.;
1 service package (6 sessions)

Government subsidy + **Copayment** = (per package)

NT$ 7,560 + NT$ 1,440 = NT$ 9,000

"After assessing the individual's calorie requirements, we will offer advice on nutrition and suitable food textures. We will also teach the use of appropriate eating utensils and proper eating posture."

"There's so much more to eating than I ever imagined!"



CB04

Care for Bedridden or Long-Term Mobility-Limited Individuals

Provides safe and energy-efficient techniques for repositioning and transferring individuals to help maintain or improve their abilities to perform activities of daily living, and teaches caregivers how to prevent complications, including joint problems, pressure injuries (commonly known as bedsores), and infections.

Example Individual with long-term care service level 8, general household

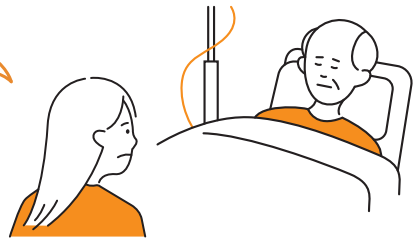
Home-based guidance

Registered Nurse, Physical Therapist, Occupational Therapist, etc.;
1 service package (6 sessions)

Government subsidy **Copayment**

NT$ 7,560 + NT$ 1,440 = (per package) NT$ 9,000

"Grandpa was hospitalized with aspiration pneumonia. He now receives nutrition through a nasogastric tube and has a urinary catheter. He's weak and depends on a caregiver for all of his daily needs, but the caregiver still isn't familiar with how to provide proper care."



CD02

Home Nursing Guidance and Consultation

Enhances the knowledge and skills of individuals and caregivers in self-care to address care-related problems.

Example Individual with long-term care service level 8, general household

Home-based guidance

Registered Nurse;
1 service package (4 sessions)

Government subsidy **Copayment**

NT$ 5,040 + NT$ 960 = (per package) NT$ 6,000

"We'll teach the caregiver how to reposition your grandfather regularly to prevent pressure injuries. We'll also teach passive range-of-motion exercises for maintaining joint mobility, as well as proper wound care and medical tube management."

